

Pre-Operative Instructions for In-Office Balloon Sinuplasty

Your Balloon Sinuplasty is scheduled on _____ at _____ . Please arrive 15 minutes before your scheduled appointment time.

Before your In-Office Balloon Sinuplasty Procedure

- ✓ Your prescriptions will be electronically prescribed the evening before procedure.
- ✓ Take 3 tablets of Methylprednisolone the morning of your procedure.
 1. **DO NOT** take the Xanax until you are told to do so at the time of the procedure at our office.
 2. Bring **BOTH** prescriptions to the office the day of your procedure.
- ✓ Avoid taking Aleve, Motrin, or Aspirin prior to the procedure.
- ✓ There are no dietary restrictions prior to the procedure. On the day of your procedure, you may eat a healthy breakfast and drink plenty of fluids. If your procedure is in the afternoon, you may also eat a healthy lunch.
- ✓ You **MUST** have a driver to accompany you the day of your procedure.

**If YOU HAVE ANY QUESTIONS PRIOR TO YOUR PRODEDURE, CALL THE OFFICE AT
586-799-1212.**

Contact your insurance company with the codes listed to ensure any out of pocket expenses you may have. The procedure codes are 31295, 31296, and 31000.